

Produced by the Rowen community group

Walk 3 – Up the Afon Roe Grade - Strenuous Start point – Ty Gwyn pub Time – 2 Hours Distance – 5.3Km/3.3mils

Walk description – A wonderful walk and worth the effort. Big, big views

- From the pub walk up the village till you go past the last house, Tawel Fan in main part of the village.

This house was once a chapel and has been converted. There were originally three chapels in the village which indicates the importance the church played in life.

- Go another 200m up the road and on your left take the track by the footpath sign (there is also a stone marked Parciau).
- Go over the bridge and straight ahead through the gate into the yard of the house Ty Hir.
- Go through the kissing gate to the left of the house and then head for the stile.
- Go over the stile and turn right then go through a gate way. Go over two stiles to gain access to a track.
- Go left up the track, 100m, to a gate.
- Go through the gate and walk up the field with the fence on your left for about 400m until you reach a proper stone wall and go over an ornate iron stile (curled tops).

The next bit of the walk is a bit fiddly so pay particular attention to the route description.

- To your left you will see a wooden gate. With your back to the wooden gate look for a large oak tree 100m distant at about 1 o'clock.
- Walk just left of the tree passing through a small gap in a derelict low wall.
- Keep on walking straight ahead and you will come to a stream.
- It's all a bit boggy here and a bit overgrown but cross the stream and head for a large boulder up the bank. Go left of the boulder.
- After the boulder go straight ahead between the gap of the far left tree and the one to its right.
- Keep walking straight ahead for about 100m till you reach a fence on the edge of woodland. Fiddly bit over!!!

The woodland over the fence is in a deep valley where the Arfon Roe flows. The bird life here is very plentiful – amongst others, blue tits, great tits, jays and pied fly catchers. Many bird boxes have been put on trees and the woodland has become a bird haven. It's probably due to it being sheltered from the prevailing weather and that it's untouched ancient oak woodland with very little farming activity taking. Please do not enter the woodland as there is no right of way and its best to leave the birds undisturbed.

- Turn left and carry on walking with the fence and woodland to your right until you reach the next stile.

After about 200m you may like to stop and turn round. The views from this point are excellent. Tal y Fan to your left, the Conwy river and sea ahead in the distance and the Carneddau mountains behind you. Also look down on the woodland to your left. – enjoy!

- Carry on until the fence goes right. You need to go straight ahead to a gate in the far corner by the wall. Go through the gate.
- After 30m go left over a stile and go diagonally right and head along a vague path to the next stile and onto the surfaced lane.
- Turn left and walk 400m along the lane then go left down another lane.
- Walk 250m to a cottage (Glan y Gors) on your left and 50m after the cottage take a walled grass track on your left.
- Go over the large stile by the gate and walk straight ahead through a very sparsely wooded area till you reach a stile over a wall.
- Carry on and go through a gap in a low derelict stone wall and then on to and over a rather ornate stile.
- After the stile keep the fence line to your right and head all the way down to the gate you passed through earlier.
- Retrace your steps back to the village pub.