

Produced by a local walker for all to enjoy

Walk 7 – Llangylenin church

Grade – Strenuous

Start point – Ty Gwyn pub

Time – 2hr 30min

Distance – 7Km/4.4mils

Walk description – A mixed walk through oak woods, open grass tracks and the delightful Park Mawr woods. Uphill for the first half of the walk then down and flat for the second half.

- From the pub walk up the village to the first bend in the road and take the farm access road right (footpath sign) to Cefn Cae farm.
- Go straight through the farm yard and go through the metal gate.
- Go over the next wooden stile/gate and follow the track along the right hand side of the field to next stile on your left and go over it.
- With the fence on your left walk to a gate and a wall stile. Choose either to get onto the wide track.
- Turn right and head along the track for 100m.
- At the sharp bend go straight ahead into the field using the stile.

Notice the dog grave with inscription just right of the stile

- With the hedge to your left go to the far end of the field.

- Go left over a stile and then with the fence to your right follow the path to the top of the field and then onto the road by a gate.
- Turn right and follow the road for 200m and turn left up a wide track by the footpath sign.
- Go up the hill and climb the 13 step stile on the right into the field.
- Go straight ahead up to the top left of the field to the gate.
- Go through the gate and keeping the wall to your right go to the collection of black railed fences.
- Climb over the left hand rails then over a small stone/slab footbridge (stream) and then go over a stile immediately to your left into the woods (sign - Park Mawr).
- Follow the path left and then uphill with the fence on your left.
- Wind your way up this steep path until it breaks out into a wide grass track.
- After 150m there is a wonderful seat from which you can get great views.

The woodland here was cleared of large quantities of conifers and replanted with native broadleaf trees which you can see have now reached about 3m to 4 m high. You may be lucky enough to see a red kite circling above. These magnificent birds are now resident in the valley and are frequently seen. There is also a lot of other bird life in the woods. There are many footpaths through the woods which you may like to explore on another visit.

- Carry on along the track for a further 150m until a crossroads is reached.

- Turn left. Carry on through a gate and walk up the track for about 500m until you reach the church on your right.

The church is usually open and still holds services in the summer months. Enter the church for much more information.

- Retrace your steps down the track back to the cross roads after the gate.
- Turn left and then after a few meters turn right down a grass path.
- Follow the path winding through the woodland for about 500m until you reach a wide track.
- Turn right doubling back on yourself down the track.

Just after you turn onto the track there is a magnificent Beech tree on your left. It's huge!

- Walk for about 400m until you come to a cross roads.
- Go straight across to go along a narrower path with lots of mature beech trees.
- Walk for about 300m until you see a cottage on your left.
- Carry on a bit and then go over the stile on your left.
- Retrace your earlier steps back to Rowen.
- **Note:** Every effort has been made to ensure the accuracy of this guide. Users are responsible for their own safety and partake in the walk at their own risk. The author accepts no responsibility or liability whatsoever .